

KTS GROUP SCHEDULE 7/1/22

Note- Counselors may change due to summer vacations

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5-6				Stress Reduction Alicia		
6-7	Motivation and Affirmations Debra	Meditation Haifa	Coping Skills Haifa	Meditation Haifa	Relapse Prevention Alicia	Relapse Prevention Alicia
7-8	Anger Management Alicia	Covid 19 and other Infectious Diseases Volodymyr	Smoking Cessation Volodymyr	Relapse Prevention Volodymyr	Recovery Process Alicia	Additional Education Group Alicia
8-9	Relapse Prevention Volodymyr	Journey of Recovery Haifa	Meditation Debra	Life Skills Debra	Meditation Debra	
9-10	New Patient Orientation Cecil	Relapse Prevention Cecil	Stages of Change Cecil	Journey of Recovery Haifa	Men's Group Cecil	
10-11	Medicine Wheel Alicia	Recovery Support Karen	Developing Sober Support Karen	SMART Recovery Goals Karen	Empowering Women Karen	
11-12	Effects of Emotions Arturo	Journey of Recovery Arturo	Internal/ External Triggers Arturo	CLOSED At 11am on Thursdays	Conflict Resolution Arturo	
12-1		Dealing with Guilt and Shame or other Triggers Alicia			Preventing other Addictions Alicia	

DUE TO COVID-19 ALL GROUP COUNSELING SESSIONS ARE TELEPHONIC

PHONE: 267-930-4000

ENTER CODE: 055-099-895#

Group members must be on time and stay for the entire duration of the group to receive group credit. If you arrive later than 5 minutes after the start time of the group, you will be asked to attend the next available group.

Groups are mandatory

Step 1 = 1 group each week (HOLDS will be placed on Fridays if group has not been attended)

Step 2, 4, 6, 13 and 27 = 1 group per Month (Expectation is prior to 21st of each month)